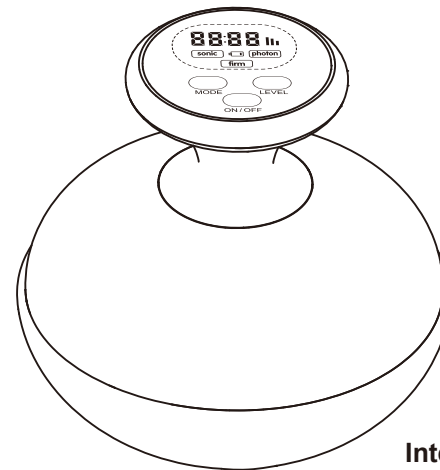


goodwind®



Intensive Body Renewal
User Manual



<http://www.goodwind.cc>
<http://goodwind.tmall.com>

SHENZHEN GOODWIND TECHNOLOGY DEVELOPMENT

-
- Thank you for purchasing this Intensive Body Renewal. Please use under guidelines in this book and be well aware of the safety information listed. Keep this book for future reference
 - This device is designed to provide routine skin and body care. Any other ways of use and sale in connection with medical purpose are not supported
-

| CONTENTS |

1.Specification	01
2.Safety precaution	02
3.Parts introduction	04
4.Function	05
5.Operation Instruction	05
6.Before use	06
7.Quick user guide	07
8.Ultrasonic therapy user guide	08
9.Phototherapy user guide	10
10.Ultrasonic & red phototherapy user guide	11
11.After use	13

Specification

Input: AC 100V – 240V

Output: DC 5V 1,000 mA

Battery: 3.7V lithium battery

Dimensions (cm): 99 x 99 x 94

Weight (g): 295

Diameter of Ultrasound Head (mm): 57

Ultrasonic frequency: 1M Hz ± 5%

Timer setting: Automatic shut off after 5 minutes

Safety Precaution

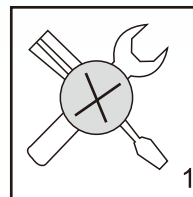
- This device is designed to provide routine eyes and skin cares. Use for any other purpose is not supported.
- Please read this chapter carefully before use. Follow the guidelines while use and control the frequency of use under instruction of this manual. Please shorten the operating time for the first time of your use if your skin is very sensitive.
- Please stop using if you feel any uncomfortable. Consult your doctor right away.

Do not use this device

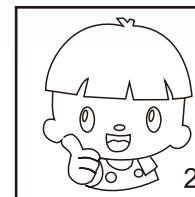
- With any medical machines such as Cardiac Pacemaker, Oxygenator, electrocardiograph, etc.
- In any of circumstances below:
 - During pregnancy or menses
 - Have allergic dermatitis or hemorrhage
 - On Irritating skin or redness caused by sunburn
 - On skin ulcers or inflammations
 - On cosmetic operated body parts
 - Have telangiectasia or disordered liver function caused by long term uptake of steroid and hormone



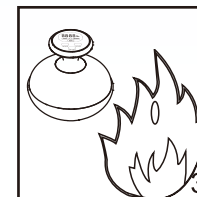
Maintenance



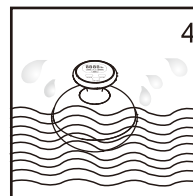
1. Do not disassemble it by yourself



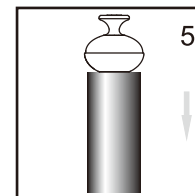
2. Keep it away from children



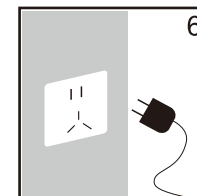
3. Keep it away from fire



4. Keep it away from humidity and water



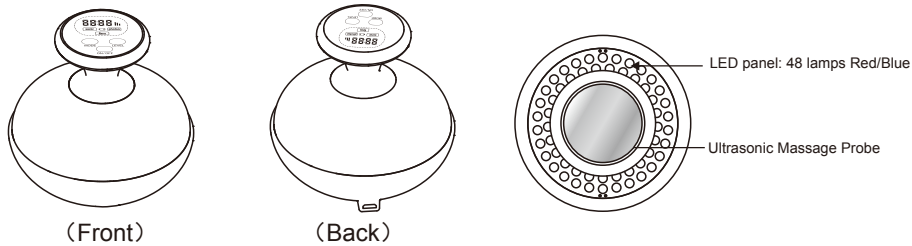
5. Do not drop or collide it



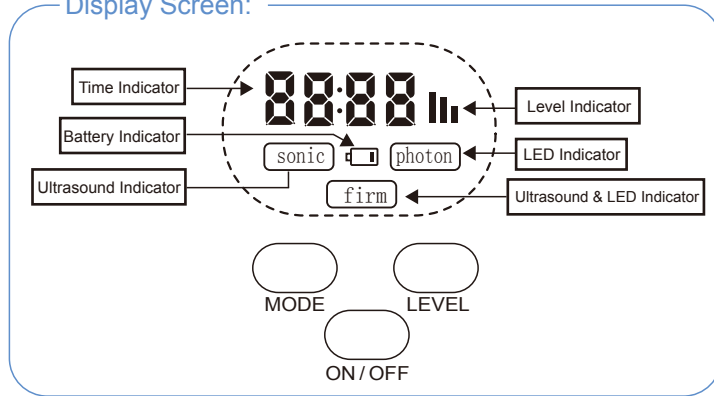
6. Do not store it with electricity on

Parts Introduction

Device Body:



Display Screen:



Function

- With Strictly controlled frequency, ultrasonic therapy generates sound waves that vibrates 1M times/s and can massage fat cells with its mechanical, chemical and heating functions and effectively burn stubborn fat away. Meanwhile it can stimulate body circulation and detoxify the lymph system to invigorate skin vitality from inside.
- Red photon: wave length $625\pm 3\text{nm}$, stimulating generation of youth collagen and cell activity to reduce cellulite and lines, regain skin elasticity.
- Blue photon: wave length $465\pm 3\text{nm}$, killing bacteria and anti-inflammation while soothing skin irritations.

Operation Instruction

ON/OFF Button:

1st press: device is turned on; 2nd press: device is turned off.

Function Selection Button:

With every press, the functions change in circle following the sequence below:

Ultrasound → Red Photon → Blue Photon → Ultrasound+Red Photon → Function off

Level Selection Button:

Level selection is only available for the ultrasonic function. Defaulted level is 1. With every press, the levels change in circle following the sequence below:

Level 2 → Level 3 → Back to Level 1

Charging:

- Charge at least 3 hours before first use to activate lithium battery inside.
- In charge: When placed onto the charging stand, the battery indicator flashes, and the back-light turns dark after 30 seconds.
- Charge complete: When charging completes, the battery indicator disappears.
- Out of power: When battery runs out, screen will flash 10 times regularly along with 10 beeps, and then the device shuts off.



Charging Time	Overall Operation Time
About 3 hours	About 2 hours

Before Use

Frequency of use:

Mode	Frequency of use
Ultrasound Therapy	2-3 times/week, no more than 10 minutes/time
Phototherapy	1 time/day, 10-20 minutes/time
Ultrasound + Photon Therapy	2-3 times/week, no more than 10 minutes/time

Confirmation of ultrasound:

Lay the ultrasonic head flat with head upwards, drop a water onto the head, and press 'Sonic'. The water drop will vibrate when the ultrasound is on.

Allergy test:

1. Cleanse one area on the arm.
2. Put your preferred skincare agent (jel/lotion) onto the cleansed area, turn on the device then choose to start the ultrasound function. Massage the area for 2-3 minutes and air-dry it.
3. Wait to see if there are any irritations or redness within 24 hours.



Quick User Guide

Step 1

Cleanse your skin

Step 2

Apply skin care agent (jel/lotion) evenly onto face and the steel head. Massage the face with ultrasound function for firming and lifting skin

Step 3

Expose your face to LED photon to promote generation of collagen (red photon) and diminish acne (blue photon)

Step 4

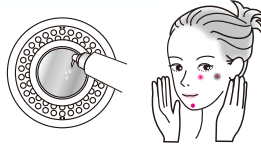
Apply body care agent (jel/lotion/cream) evenly onto your preferred body areas and the steel head. Massage the areas with ultrasonic and red photonic combined therapy to tighten skin, burn away stubborn fat, relief stretch marks and cellulite

Ultrasonic Therapy User Guide

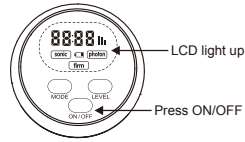
1. Remove makeup and cleanse the skin



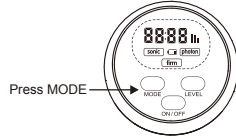
2. Apply your skin care product / gel evenly onto skin as well as the ultrasonic head



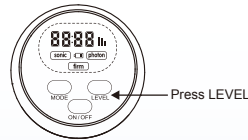
3. Press ON/OFF button to turn on the device and the LCD will light up



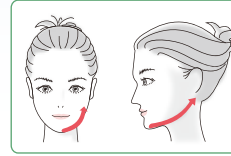
4. Press MODE button to start ultrasonic therapy



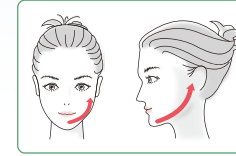
5. Select your preferred level (level is defaulted to be 1)



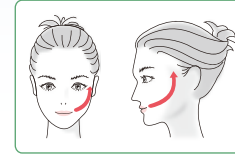
6. Massage following instructions below:



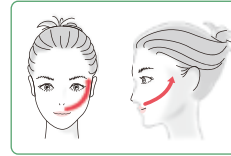
1) Press the steel head slowly upwards along the curve of chin to behind the ears



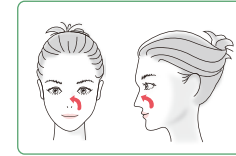
2) Press the steel head slowly upwards along the curve of chin to front of the ears



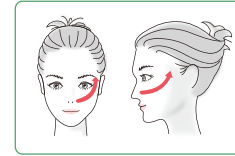
3) Press the steel head slowly upwards from mouth corners to the temples



4) Press the steel head slowly upwards from bottom of nose wing to the brow tips

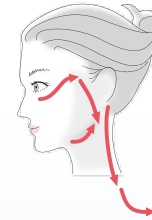


5) Massage the nose wing following directions in the picture



6) Press the steel head slowly upwards from nose wing to the temples

7. Detoxify the lymph system following instruction picture below:

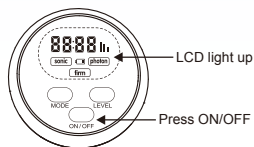


Phototherapy User Guide

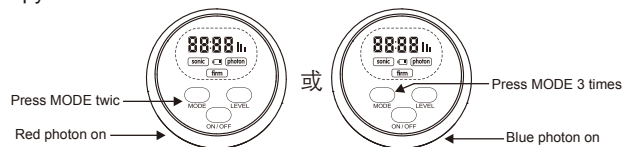


1. Remove makeup and cleanse the skin

2. Press ON/OFF button to turn on the device and the LCD will light up



3. Press MODE button twice to start red phototherapy or three times to start blue phototherapy



4. Move the probe slowly over your face to treat skin with red/blue photon



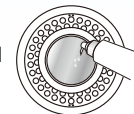
Note:

Do not let the LED light directly go to your eyes. When treat areas around eyes, remember to wear the protective goggles.

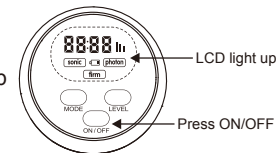
Ultrasonic & red phototherapy user guide

1. Remove makeup and cleanse the skin

2. Apply your skin care product / gel evenly onto skin as well as the ultrasonic head



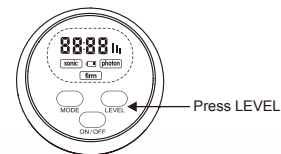
3. Press ON/OFF button to turn on the device and the LCD will light up



4. Press MODE button 4 times to start ultrasonic & red phototherapy



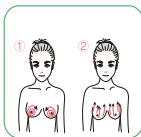
5. Select your preferred level (level is defaulted to be 1)



6. Massage following instructions below:



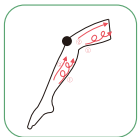
1) Two arms
Caring the two arms from starting the elbows down towards the armpits.
Massage in small circles.



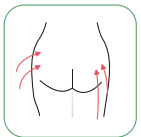
2) Breasts
Apply breast care agents evenly onto the breasts (as picture 1)
Massage following the routine indicated in picture 2 and avoid nipples.



3) Waist and abs
Massage the waist up and down
Massage the waist from outside to inside
Massage in circles around belly button
Massage in big circles upwards from underneath the belly button



4) Legs
Massage from ankles upwards
Massage the leg belly in small circles upwards



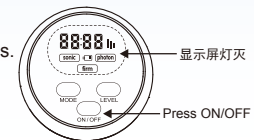
5) Hip
Massage upwards on the hip to lift and firm the skin



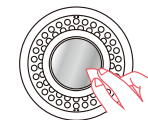
6) Feet
Massage the bottom of feet in circles to release puffiness

After Use

- Wipe off remained skincare lotion / gel on the steel head with wet tissue or rags.
(Do not clean it in water and/or with any chemical cleansing agent.)



- Wipe and clean the device with dry tissue or rags.



- Keep the device clean and dry after use.

