

3-IN-1 SLIMMING & SHAPING BODY CARE



3-in-1 Slimming & Shaping Body Care

- Thank you very much for choosing this product!
- Please read through carefully and understand these instructions before use.
- Please keep it in a safe place for future reference.
- This device is intended for home use and cosmetic purpose only, using this device for treating any medical condition or illness is not supported by the manufacturer.

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Specification

Adaptor input power: AC100-240V
Adaptor output power: 15V, 800mA
Dimensions: 190*80*60mm
Weight: 235g
Ultrasonic frequency: 1MHz
Appendix: two groups of
contact pads (4PCS)

Safety Precautions

Warning: Please read the following information carefully before using your machine

This product is well-designed precision instrument. In order to have your Slimming & Beautify Device functioning perfectly, please read the below information thoroughly and follow all the instructions. This will help you to ensure the warranty validity and to extend the life cycle of your product.

1. Store your product away from the humidity and do not use it under water. Otherwise the electronic components of your product may be corroded or have short circuit.
2. Do not store this product anywhere close to the heat source as it can cause malfunction such as shortened product life cycle, twisted or melted plastic components.
3. Do not drop the product or subject it to vibration as it can cause malfunction
4. Never attempt to disassemble the product yourself. All the product components can only be maintained and repaired by professional technicians.
5. Do not use any adaptor other than the one included in the package. Using incompatible adaptor may result in malfunction and will void the warranty validity.
6. Do not tug the cable when you unplug the power. In order to avoid any bad contact of the equipment, the best way is to hold the plug and unplug it from the socket.
7. Put all the wires together tidily. Do not wind the wires, break the wires surface or cause any other damages.
8. Any people with the following conditions must avoid using this product: patients with malignant tumor, women during her pregnancy or period, patients with dermatosis of foci on themorrhage, urgent patient with unidentified diseases, and children and elders.
9. Keep this product away from the children. Children shall not play with this product as the disassemble components may be swallowed by the children accidentally.

Important Notice

1. You may press the function key to switch the skin care mode, there is no need to turn off the power.
2. No matter which function you are using, you may press "POWER OFF" button to turn off the power directly.
3. To ensure that this machine functions well, you can drop a tiny amount of water on the metal detector surface to see of the water bobs. If the water bobs, it means that this machine is under the normal function (modes for EMS and Far Infrared Function are excluded)
4. This machine should be used under normal conditions. Remember to turn off the power and unplug the cable when you stop caring skin. This will avoid over-heating problem caused by the air vibration and to prevent any possible burning or shortening product life cycle.
5. The ideal time of using this product is 5 to 15 minutes each session.
6. This machine has a built-in safety device. When the temperature is too high (Certain limitation) whether in use or not, it will automatically lower the temperature to ensure your safety.
7. This machine has a built-in time-control device. When your machine is in standby mode, whether in use or not, the machine will automatically turn off the power. If you wish to use it again, please restart the machine.
8. Do not use the machine more than 30 minutes.
9. Do not use the machine without putting any skin care product on your skin.
10. Avoid using this machine in one area for too long. Move it around on your skin to avoid focusing effect caused by the wave energy. This effect may result in discomfort or burning of your skin.
11. When you are using this machine, always adhering the metal detector completely to your skin. An incomplete contact will cause a big difference of impedance and disperse energy on the interface. This will also cause an over-heating problem and result in a discomfort or burning of your skin.
12. When you finish using the machine, wipe off the medium left on the metal detector. A soft cloth is recommended to prevent any possible scratch.
13. Do not use water and any other chemical, cleanser or washing-up liquid to clean this product. This will cause a malfunction or shortened product life cycle.
14. In case of any question on the product manipulation or feeling uncomfortable after using this product, please stop using product immediately and contact your local retailer/distributor.
15. In case of malfunction of this machine, please return this product to the local retailer/distributor. They will assist you to solve all the problems.

Nomenclature



Quick User Guide

The 3-in-1 Slimming & Shaping Body Care brings you an even better effect! It enables you to shape a charming body line and to restore the resilience of your skin within a short period of time.

EMS+ Infrared+Ultrasonic >>> Multiplied effect

Instructions for Shaping your Body Line:

Step 1:

Cleanse your skin before application

Step 2:

Use EMS for 15-30 minutes on the parts that need slimming. It is better to do on acupuncture point.

Step 3:

Spread the body shaping product evenly on your skin (apply the product separately in each section to prevent it being air-dried and result in an impaired absorbing effect).

Step 4:

Massage your skin with ultrasonic wave and far infrared (details please refer to instructions) until the body shaping product is totally absorbed (details please refer to instruction). This step encourages the absorption of body shaping product whilst stimulates the skin's circulation and metabolism, makes your skin even tighter!

※The ultrasonic wave and far infrared will cause a warm feeling to your skin. This is the normal phenomenon, please use with ease (The machine will lower the temperature automatically when it reaches limitation)

Instructions for using the Ultrasonic

Before the application, it is crucial to choose the appropriate skin care product. It is not only considered as a conduction medium, but also an important element that offers nutrition to your skin. Therefore, it is always obligatory to apply skin care product before using this mode.

Step 1

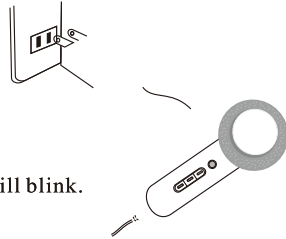
Cleanse your skin before application.

Step 2

Spread body shaping product on your skin evenly (apply the product separately in each section to prevent it being air-dried and result in an impaired absorbing effect)

Step 3

Plug in the Slimming & Beautify Device.



Step 4

Turn on the power (POWER) and the red light will blink.

Step 5

Press the SONIC button-once for the low intensity (LOW), twice for the high intensity (HIGH). Use the low intensity on your face; high intensity can be used in other parts of the body such as arms, legs.



Step 6

Spread the skin care product (Body Shaping product) on areas that you wish to apply massage. Remember to keep your skin moisturized (Note: Gel skin care products are recommended as they are more conductive).

Step 7

For starting the massage, please refer to details on the next page.

※Reminder

1. Avoid having any contact with your bone joints such as knee area.

Body Treatment:

This is just instruction for general use. Please contact Beauty Consultants for more detailed and professional information.

1. Arms massage:



Drop your hands and get your muscles relaxed. Starting from the wrist to the armpits, apply bottom-up massage movements on both inner and outer area of the arm



Use the same method to massage your flesh in a circling movement.

2. Waist massage / lower abdomen



Right below the stomach, apply clockwise movement to push proud flesh on the waist and gastric area forward to the belly button.



For proud flesh on the back, push them forward to the center and bottom of your front.

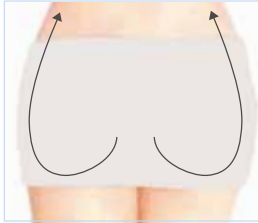


Use the same method to massage.

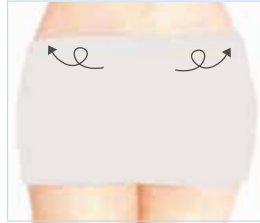
3. Hip massage



Starting from the center of buttocks, massage your buttocks in a circling movement toward the back.



Starting from the end of coccyx, push proud flesh on the buttocks up to the waist.



Starting from the upper buttocks, apply circling movement to pull your flesh up- and outward.

4. Foot / legs massage



Starting from the low leg to thigh, pull your flesh bottom-up.



Use both hands to massage your lower legs bottom-up in a circular motion.



Push proud flesh on two sides of your waist and of thighs inward to the center; push proud flesh on inner sides of your thigh forward to the back.

Instructions for using EMS

- 1) Clean grime, grease and makeup with damp towel from the parts that will be massaged.
- 2) Connect lead fastener with electrode slice. Put the positive and negative poles of electrodes on difference places of body when using (one positive and one negative are used at one time).



- 3) Place the sticky electrode pads to the points to be treated.

If the electrode slices are insufficient, cover all points in several steps.

- 4) Move the intensity selection key to the first position (lowest setting).

- 5) Connect the wire to the device using the plug.

- 6) Turn on the power (the red light is on).

- 7) Select the mode of massage: Tapping/Massage /Knead/Scrapping/Slimming.

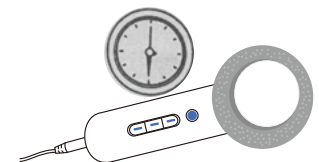
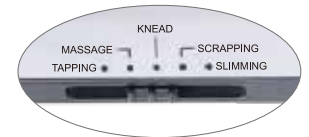
- 8) Press EMS button.

- 9) Adjust the intensity to your comfort (5 settings).

- 10) The unit will stop working automatically after 10 minutes. If you want to repeat the procedure, turn it on again and repeat it.

- 11) Suggestion: at the beginning, start applying it for not more than 15 minutes, and then increase the time of application gradually to 30 minutes each time.

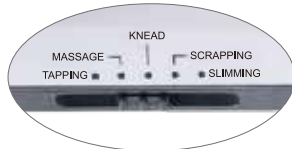
- 12) After finishing the therapy, adjust the mode selection key to the bottom-no mode, and adjust the intensity selection key to the bottom-no intensity.



Procedure of the models is as following:

● TAPPING MODE:

1、 Moving the mode selection key to the top, the mode is TAPPING



Electric massage EMS mode selection button (left)



Intensity selection button (right)

- 2、 Moving the Intensity selection key to one position of 1-2-3-4-5 by your requirements.
- 3、 Connect the contact pad.
- 4、 Each therapy time last for 10 minutes, every day shall not exceed 30 minutes.
- 5、 Intensity choice should be decided by your comfort but for abdomen using higher intensity is recommended
- 6、 Choosing another mode (massage, kneading, scrapping, slimming) by your requirement.
- 7、 Put off machine after finishing the care, then remove electrode plates . keep machine in box .

● Recommend some special points of EMS for special functions Chinese acupuncture point

1) When use TAPPING function, the recommended position is as follows:

BELLY TIGHTENING

1. SHUIDAO (20)
2. SHUIFEN (6)
3. GUANYUAN (18)
4. ZHISHI (53)

HIP TIGHTENING

1. HUANTIAO (54)
2. CHENGFU (62)

2) When use Massage function, the recommended position is as follows:

WAIST BEAUTY

1. TIANSHU (10)
2. TAIYI (7)
3. DAIMAI (17)
4. SHENYU (47)

3) When use Knead function, the recommended position is as follows:

BELLY BEAUTY

1. GUANYUAN (18)
2. DACHANGYU (48)
3. ZHONGYUAN (8)

4) When use Scrapping function, the recommended position is as follows:

SKIN BEAUTY

1. FEIYU (44)
2. GANGYU (45)
3. ROUMEN (5)

5) When use Slimming function, the recommended position is as follows:

WEIGHT REDUCTION

1. DAZHUI (42)
2. YANGGUAN (52)
3. ZHONGWAN (8)
4. GUANYUAN (18)
5. JULIAO (22)
6. SHENYU (47)
7. CHENGFU (62)

Instructions for using the Far Infrared

When you are using this Far Infrared, it is crucial to apply skin care product on your skin. It is not only considered as a conduction medium, but also an important element that offers nutrition to your skin. Therefore, it is always obligatory to apply skin care product before using this mode.

Step 1

Plug in the power

Step 2

Turn on the power (POWER) and the red light will blink.

Step 3

Press the INFRARED button.

Step 4

When the red light is emitted from the massage head, it means that the Infrared wave energy already starts to work.

Step 5

Point the infrared at areas needed and the wave energy will be released into the skin.

After Use:

1. Please make sure all the function buttons are turned off.
2. Turn off the power.
3. Place the electrode pads.
4. Wipe the surface of machine head and sticky pads with moist cloth.
5. Please do not use thinner, gasoline or other volatile liquid to clean the machine.
6. Put it in the box.