

6-IN-1 SLIMMING&BEAUTIFYING MACH INE

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Owner Manual

- ◆ Thank you very much for choosing this product!
- ◆ Please read through carefully and understand these instructions before use. Please keep it in a safe place for future reference.
- ◆ This device is intended for home use and cosmetic purpose only, using this device for treating any medical condition or illness is not supported by the manufacturer.

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Specification

Adaptor input power: AC 100-240V,


Adaptor output power: 15V,800mA

Dimension: 190*80*60 mm

Weight: 220g

Ultrasonic frequency: 1 M Hz \pm 5%

Safety Precaution

 **Warning:** Please read the following information carefully before using your machine

Note: Please read following information carefully before using your machine
This product is well-designed precision instrument. In order to have your device functioning perfectly, please read the below information thoroughly and follow all the instructions. This will help you to ensure the warranty validity and to extend the life cycle of your product.

1. Store your product always from the humidity and do not use it under water.
Otherwise the electronic components of your be corroded or have short circuit.
2. Never attempt to disassemble the product yourself. All the product components can only be maintained and repaired by professional technicians.
3. Don't use any adaptor other than the one included in the package. Using incompatible adaptor may result in malfunction and will avoid the warranty validity.
4. Any people with the following conditions must avoid using this product:
patients with malignant, women during her pregnancy or period, patients with dermatosis of foci on themorrhage, urgent patient with unidentified diseases, and children and elders.
5. When you care face with ultrasound, with low intensity level and forbid to care on eye ball and throat.
6. Keep this product away from children. Children shall not play with this product as the disassembled components may be swallowed by the children accidentally.

Important Notice

1. You may press the function key to switch the skin care mode, there is no need to turn off the power. No matter which function you are using, you may press "Power off" button to turn off the power directly.
2. To ensure that ultrasound functions well, you can drop a tiny amount of water on the metal detect surface to see the water bobs. If the water bobs, it means that this machine is under normal function (modes for EMS and Far Infrared Function are excluded).
3. This machine should be used under normal conditions. Remember to turn off the power and unplug the cable when you stop caring skin.
4. The ideal time of using this product is as follows:

Treatment	week 1-2	week 3-8	maintenance
Ultrasound with gel	daily	3 times a week	weekly
Galvanic	daily	3 times a week	weekly
Microcurrent(EMS)	3 times a week	twice a week	weekly

5. Don't use the machine without putting any skin care product on your skin.
When you care skin with ultrasound, Gel-like skin care product is highly recommended.
6. When you are using this machine, always adhering the metal detector completely to your skin. An incomplete contact will cause a big difference of impedance and disperse energy on the interface and ultrasound will not transmit into skin well.
7. When you finish using the machine, wipe off the medium left on the metal detector. A soft cloth is recommended to prevent any possible scratch. Do not use water and any other chemical, cleanser or washing-up liquid to clean this product.

INTRODUCTION

The instrument equipped with 6 effective physical therapy techniques, you can use it for face and body , anti-wrinkle, keep moisture, reduce the appearance of cellulite.

6 effective physical therapy techniques:

1.Generate 1 M Hz (1000000 times/s vibration) ultrasound by massage head made of stainless steel.

Functions is:

Mechanical effect, thermal effect, physical and chemical effect:

Ultrasonic can change the capacity and movement of every cell with precise massage function which is named as cells massage. It can stimulate and adjust the cytomembrane, increase the permeability of epidermis, its thermal, physical and chemical effects can rise the temperature in deep skin by 0.5-1℃, promote skin to absorb essences, accelerate metabolism and reinforce the regenerative course of tissue.

Ultrasonic can also decompose waste surrounding fat, consume energy, repair lymph and capillary vessels with weight losing and figure sculpting functions.

Common Technical Indices --- vibration frequency.

Ultrasound with particular function to fatty cells, such as machanical massage, chemical and heat. Joined function will reduce the appearance of cellulite.

2.DC Ion Inducting Technology (Galvanic)

DC Ion Inducting Technology is the common method used by hospital and beauty salon.

It can form a weak electric field between skin surface and germinal layer, temporarily break the skin barrier layer, remove dirt from pores with the principle of [Opposites Attract] and conduct essences of different functions (such as acne removing, moisturizing, whitening and wrinkles resisting) into deep skin with the principle of [homogeneous repellent]. Replenish effective ingredients into skin which may accumulate surrounding skin cells as [ion cluster], promote cells to constantly absorb essences with the absorbent concentration several and dozens times of higher than extending or oral take.

In addition, positive electrode can generate acid action with the functions of tranquilizing nerves, dropping blood supply in skin, strengthen the fiber tissue of skin, shrinking pores and relieving reddish skin. It is applicable for allergic skin and acne. Negative electrode can generate alkali action, stimulate nerves, promote blood circulation, soften fiber tissue and strengthen firmness, and is applicable for dry and ageing skin with slow metabolism.

3.Phototherapy Technology

Phototherapy technology is new based on narrow band LED, and can be used for curing different skin diseases such as acne, light ageing (light hurt), non melanoma skin cancer, skin rejuvenation, leucoderma, and heal up wound after surgery.

16 pcs Red LED emit red light: penetrate into deep tissue, promote macrophage to release a series of cell factors under red light, stimulate the division of fibroblasts and the formulation of growth factor, influence the inflammation course, heal up and repair wound. It is proven clinically to remove wrinkles, strengthen skin firmness, smoothen skin and resist ageing.

Red light boasts certain function in curing acne with penetration and inflammation resistant functions. Red light has better effect in curing inflammatory skin damage, expose skin under red and blue light by turns to safely and effectively cure acne inflammation and non inflammatory skin damage.

16 pcs blue LED emit Blue light play role of preventing and curing acne which is not caused by bad foods habit and greasy foods since fat gland secretes too much oil which may combine with cells in the gland, jam pores of skin and generate bacterium, which may cause skin inflammatory and reddish, and result in acne.

Treatment Principle of Blue Light: propionibacterium acnes (P. Acne) is anaerobia, P.

Acne generates endogenous porphyrin ? under normal metabolism. When these bacterium expose under blue light, they will generate more porphyrin and cause unstable singlet oxygen in certain part. Singlet oxygen is toxic for cells and can combine compound in cytomembrane and hurt cytomembrane, thus cause propionibacterium acnes irreversible functional incapacitation and death.

4. Low Frequency (transcutaneous electrical neural stimulation) Technology

Low frequency therapy technology can imitate the actual feeling of back massage, knock, massage, manipulation, acupuncture and fire pot to dredge the channels, promote qi and blood circulation. Thus it is effective as a pain-killer and also increase A.T.P value ATP is one of the chemical action in human body and provides heat energy for muscle and body.

This devices also belongs to new generation of bionic devices. Microcurrent Therapy is an advanced Techinology method which excites muscles with a low frequency current, thus causeing an involuntaty contraction of the muscles. This is called "passive movement".

Muscle movement consumes energy and burns fat, sugar and carbohydrates from the surrounding tissue. Durring normal exercises muscles consume around 60-70 joules of energy per second, but this increase during high frequency passive movement exercisef the muscle up to 3000-4000 joules per second. As a result, this triggers the consumption of oxygen and the release of caron dioxide and water that circulate through our body as part of the normal respiration process.

This slimming method is intended for reducing fat around the thighs, waist and upper arms. And it is often used to create muscle tone after injury and provide targeted muscle development in athletes.

Parts introduction

36 LED Picees

Ultrasonic wave
massage probe

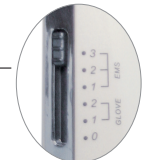


Socket of the EMS



Mode Selection of the
EMS

Power button



Intensity selection
of the EMS

EMS Mode

LED Mode

ION-

ION+

Ultrasonic Mode

Intensity Indication
of the Ultrasonic



Glove



Electrode (contact pad)



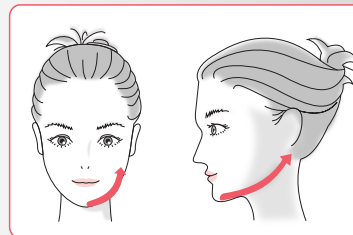
Power Cable

Quick User Guide

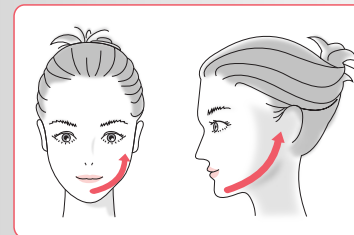
Face firming:

1. Thoroughly remove make-up and impurities first.
2. Apply appropriate portion clean Gel on your face and on the ultrasonic waves generator. (Note: We highly recommend you to use Gel-like essence for its best performance on conducting ultrasonic waves)
With ultrasound plus ion+, glad slowly, about 2-3 minutes.
3. For anti-wrinkle, apply appropriate portion anti-wrinkle essence on your face and on the ultrasonic waves generator. (Note: We highly recommend you to use Gel-like essence for its best performance on conducting ultrasonic waves)
With ultrasound ,ion- plus red light , glad slowly, about 10 minutes.
4. For anti-acne, apply appropriate portion anti-acne essence on your face and on the ultrasonic waves generator. (Note: We highly recommend you to use Gel-like essence for its best performance on conducting ultrasonic waves)
With ultrasound ,ion- plus blue light , glad slowly, about 10 minutes.
5. Remove remaining Gel, finish caring.

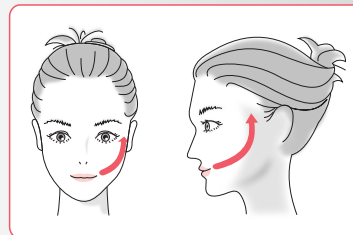
ULTRASOUND NURSING FACE



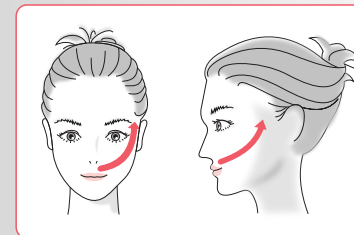
1. Along indicated route from jaw to the root of your ears



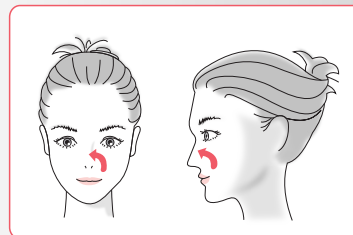
2. Along indicated route from jaw to the front of your ears



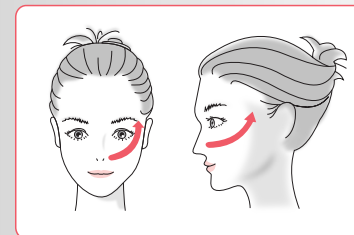
3. Along indicated route from the corner of mouth to the top of your ear



4. Along indicated route from the bottom of nose towards the area near your eyebrow

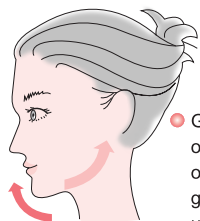


5. Along indicated route caring both sides of your nose[nosewing]



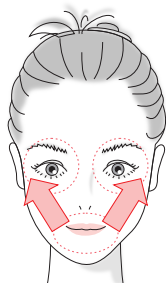
6. Along indicated route from nose towards the area near temple

Operation to tighten double chin



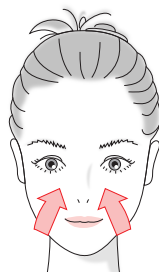
- Glide it from chin to bottom of ear, from chin to the corner of your mouth. And always glide it from lower parts to the upper parts.

Operation to tighten face



- Operate from the corner of mouth towards the area near eyes.

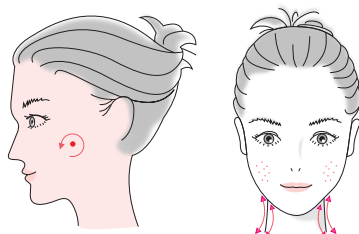
Operation to pull up the end of mouth



- Operate from the corner of mouth in upward motion

Eczema and acne care

- Do not operate on the area where there are eczema, macula, acne, sunburn etc directly. However, you may care the surrounding skin area to aid in the natural healing of skin disorders.



Body sculpting:

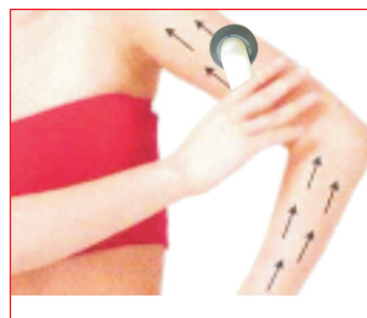
Step 1: Clean the body.

Step 2:: Put some slimming lotion (please use it several times)

Step 3: Masage the skin with ultrasonund , ion- and red light ray, glad slowly, each caring part about 5-10 minutes.machine can accelerate the slimming lotion absorption

Step 4: Remove remaining Gel, finish caring.

Arms massage:

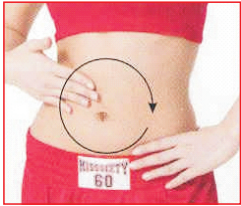


Drop your hands and get your muscles relaxed. Starting from the wrist to the armpits, apply bottom-up massage movements on both inner and outer area of the arm



Use the same method to massage your flesh in a circling movement.

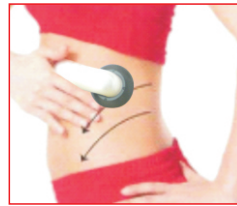
Waist massage / lower abdomen



Right below the stomach, apply clockwise movement to push proud flesh on the waist and gastric area forward to the belly button.



For proud flesh on the back, push them forward to the center and bottom of your front.



Use the same method to massage.

3、Hip massage



Starting from the center of buttocks, massage your buttocks in a circling movement toward the back.

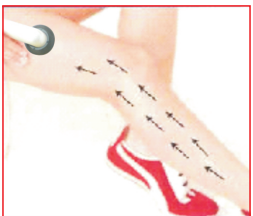


Starting from the end of coccyx, push proud flesh on the buttocks up to the waist.



Starting from the upper buttocks, apply circling movement to pull your flesh up- and outward.

4、Foot / legs massage



Starting from the low leg to thigh, pull your flesh bottom-up.



Use both hands to massage your lower legs bottom-up in a circular motion.



Push proud flesh on two sides of your waist and of thighs inward to the center; push proud flesh on inner sides of your thigh forward to the back.

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Instructions for using EMS

- 1) Clean grime, grease and makeup with damp towel from the parts that will be massaged.
- 2) Connect lead fastener with electrode slice. Put the positive and negative poles of electrodes on difference places of body when using (one positive and one negative are used at one time).



- 3) Place the sticky electrode pads to the points to be treated.

If the electrode slices are insufficient, cover all points in several steps.

- 4) Move the intensity selection key to the first position (lowest setting).

- 5) Connect the wire to the device using the plug.

- 6) Turn on the power (the red light is on).

- 7) Select the mode of massage: Mode 1/Mode 2/ Mode 3/Mode 4/Mode 5.

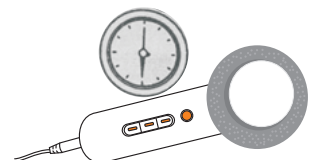
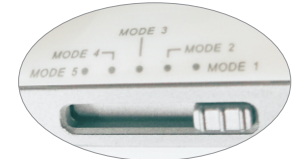
- 8) Press EMS button.

- 9) Adjust the intensity to your comfort (5 settings).

- 10) The unit will stop working automatically after 10 minutes. If you want to repeat the procedure, turn it on again and repeat it.

- 11) Suggestion: at the beginning, start applying it for not more than 15 minutes, and then increase the time of application gradually to 30 minutes each time.

- 12) After finished the therapy, adjust the mode selection key to the bottom-no mode, and adjust the intensity selection key to the bottom-no intensity.

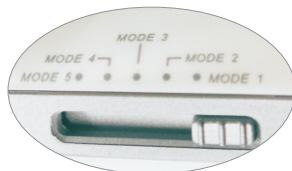


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Procedure of the models is as following:

● MODE:

- 1、Moving the mode selection key to the top, the mode is MODE 5.



Electric massage EMS mode selection button (left)



Intensity selection button (right)

- 2、Moving the Intensity selection key to one position of 1-2-3-4-5 by your requirements.
- 3、Connect the contact pad.
- 4、Each therapy time last for 10 minutes, every day shall not exceed 30 minutes.
- 5、Intensity choice should be decided by your comfort but for abdomen using higher intensity is recommended
- 6、Choosing another mode or stopping care after finishing the care

● Recommend some special points of EMS for special functions Chinese acupuncture point

- 1) When use TAPPING function, the recommended position is as follows:

BELLY TIGHTENING

1. SHUIDAO (20)
2. SHUIFEN (6)
3. GUANYUAN (18)
4. ZHISHI (53)



HIP TIGHTENING

1. HUANTIAO (54)
2. CHENGFU (62)



- 2) When use Massage function, the recommended position is as follows:

WAIST BEAUTY

- 1.TIANSHU (10)
- 2.TAIYI (7)
- 3.DAIMAI (17)
- 4.SHENYU (47)



- 3) When use Knead function, the recommended position is as follows:

BELLY BEAUTY

- 1.GUANYUAN (18)
- 2.DACHANGYU (48)
- 3.ZHONGYUAN (8)



- 4) When use Scrapping function, the recommended position is as follows:

SKIN BEAUTY

- 1.FEIJU (44)
- 2.GANGYU (45)
- 3.ROUMEN (5)



- 5) When use Slimming function, the recommended position is as follows:

WEIGHT REDUCTION

- 1.DAZHUI (42)
- 2.YANGGUAN (52)
- 3.ZHONGWAN (8)
- 4.GUANYUAN (18)
- 5.JULIAO (22)
- 6.SHENYU (47)
- 7.CHENGFU (62)

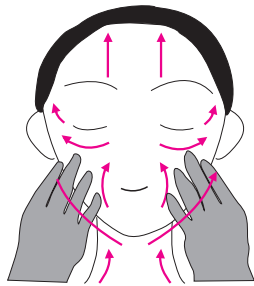


Instruction for glove usage

1. Connect the switch power
2. Connect glove wire with socked in right side, and ware the glove in two hand
3. Turn on the power (the red indicator light on)
4. Press the Glove function on/off buton
5. Please select 1 lever for Glove intensity select buton in right side. The machine designed with 5 lever and it suitble for different position of body: Suggested lever selection is: Face: 1-2 lever; The machine designed with 5 model , you can select suitbme model.
6. You can masage the skin by next instruction.

Face nursing please check diagram.

Please be noted that forbid to care on eye ball and throat.



Body caring please check diagram.

Please be noted that to keep away from heart and breast.

